

AIREX® Mats product line

The unique foam technology adorning our exceptional AIREX® mats sets new sports accessories standards elevating AIREX® mats to top-class high-tech products.

The extremely durable material of AIREX® mats is pleasantly soft, warm, and has perfect cushioning to protect joints, tendons, and spine. It facilitates training with maximum efficiency – a healthy and effective workout has never been so much fun.

The grooved and slip-resistant upper and lower surface provides desirable safety. It supports and ensures a stable and secure hold even in freely changing positions.

The closed cell foam technology prevents any ingress of water or dirt - hygienically perfect.

The AIREX® R&D Lab in Switzerland and the AIREX® Academy are constantly in contact with thousands of physical therapists and sports scientists worldwide to deliver the training mat of the future today.



Main features:

- · Ultimate comfort: insulating, soft, warm with excellent high damping properties
- · Highest security: optimal stretch, flat-lying, robust, non-slip with rounded edges and 90° squared-like
- · For indoor & outdoor use: weather-resistant
- Longevity
- Hygienic: sanitized treatment and easy to clean
- · Closed cell foam structure

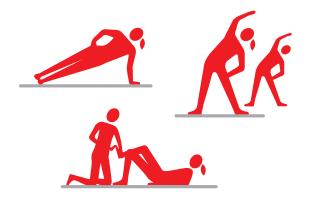
Each and every AIREX® mat made in Switzerland is a unique piece in compliance with the Medical Device Directive 93/42/EEC. It has the AGR seal of approval for back-friendly products, certified and recommended by the Association of German Back Schools e.V.

"A mat is not just another mat. This training tool has its distinctive properties akin to other training accessories, and its own essential quality features. A great mat is recognizable by its comfort, safety, longevity and design. It has to be a source of fun for users to keep them motivated in the long run. In other words, a great mat is sustainable, makes you feel good, and is noticeably better than any other mat. Never before has mat training been so effective and enjoyable at the same time."

Paul Uhlir, Headmaster, AIREX® Academy







We are innovators with more than 60 years of experience in building state-of-the-art mats that are strong, supportive, and durable. We know that the products resulting from our hard work and commitment will become your lifetime companions.



Water-resistant



Suitable for indoor use



Suitable for outdoor use



Comfortable



Hygienic



Non-slip



Cushioning



Lies flat



Multi-purpose



Durable



Insulating



Water & dirt repellent



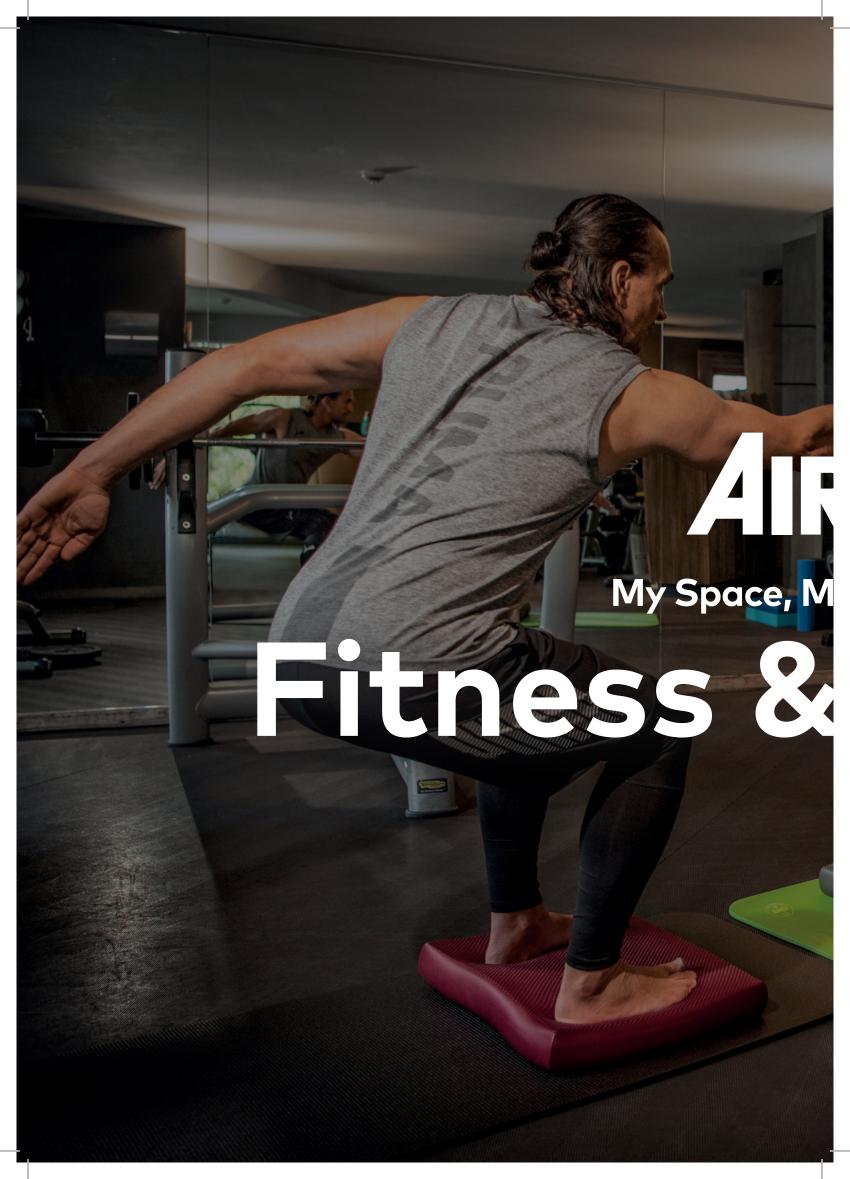
Closed cell foam

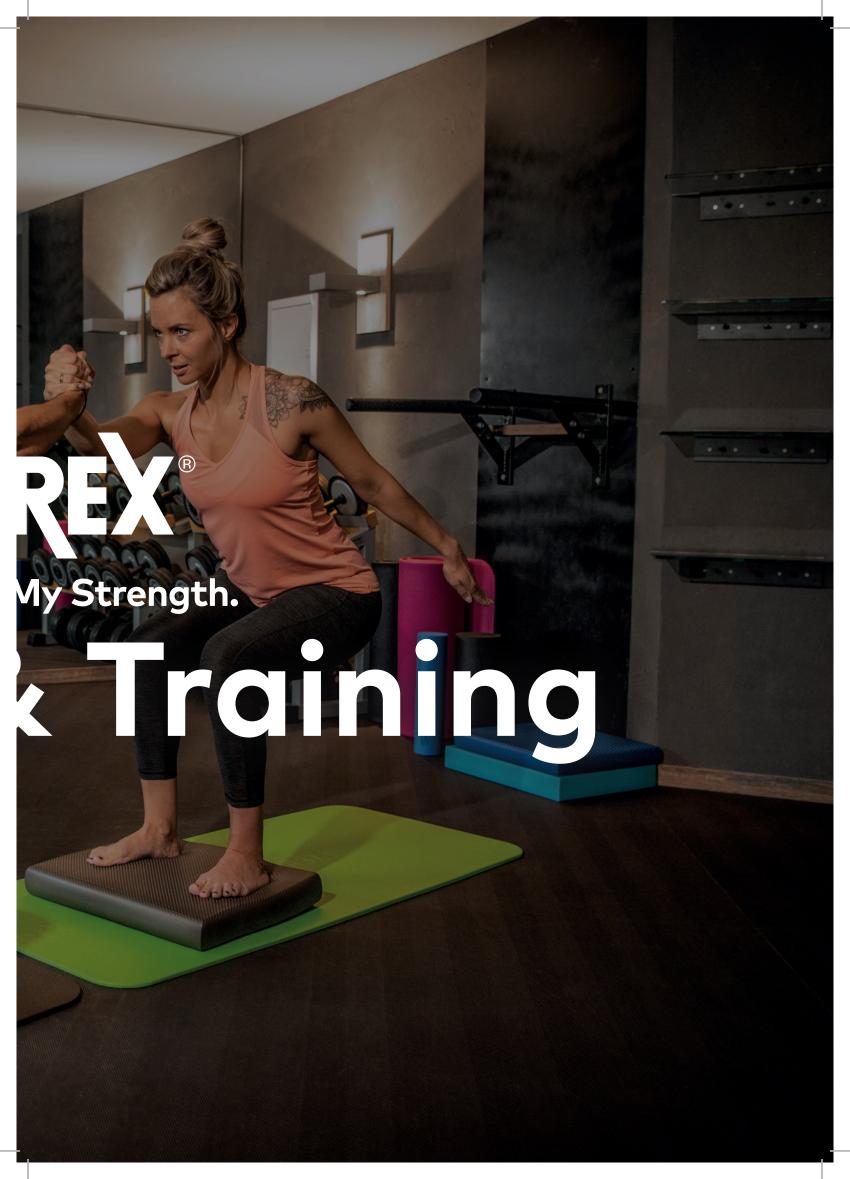


Zero waste production



CE-compliant

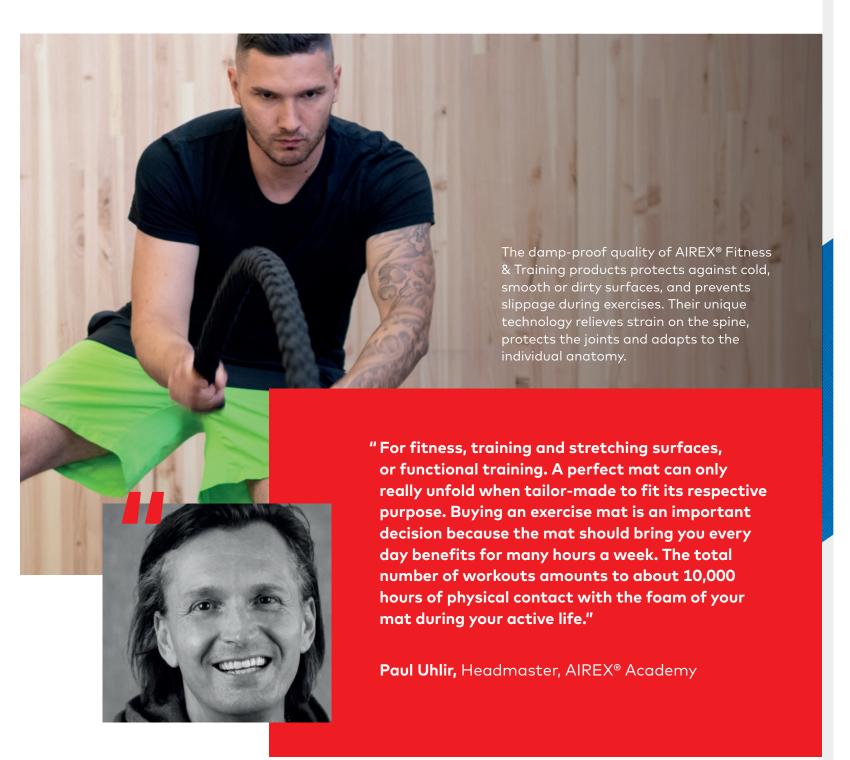




AIREX® Fitness & Training

My Space, My Strength.

The unique AIREX® products are indispensable companions in the realm of comfortable and efficient personal fitness and training.









AIREX® Fitline 140/180

The AIREX® Fitline mats are the ultimate choice for sports and training, used by countless top athletes across the world. The Fitline is a classic fitness mat often used for group fitness classes in gyms. As a small, lightweight and trendy training mat, the AIREX® Fitline is also a perfect gymnastics mat at home and "on the go", and a perfect fit for any sports bag.

Size: approx. $140/180 \times 60 \times 1 \text{ cm}$ Weight: 1.2 kg / 1.5 kg



AIREX® Xtrema

The AIREX® Xtrema is a new breakthrough innovation – the most robust mat in the AIREX® range. Due to its high density foam, the AIREX® Xtrema can be used outdoors on stony ground, gravel roads and the beach regardless of weather conditions. Owing to its high stiffness, the AIREX® Xtrema is equally suitable for yoga and pilates, but also for professional, functional training.

Size: approx. 178 x 58 x 0,6 cm Weight: 1.8 kg



AIREX® Fitness 120

The AIREX® Fitness 120 is a short version of the best-selling Coronella 185 mat. It has incredibly short, proven length of only 120 cm, especially suitable for group fitness where space is limited. This mat offers high cushioning and has become an essential standard piece of equipment in first-class gyms and sports clubs. It is used by personal trainers. The AIREX® Fitness 120 was developed in collaboration with athletes and therapists to fully meet their requirements.

Size: approx. 120 x 60 x 1.5 cm Weight: 1.4 kg



AIREX® Fitness & Training

My Space, My Strength.

AIREX® Balance-pad Cloud

The AIREX® Balance-pad Cloud generates more intense stimuli as it is far more unstable and wobbly than any other predecessor of the AIREX® Balance-pad product line. These features stem from the Cloud's lower density foam composition. The Cloud is an advanced Balance-pad version used by athletes and users able to maintain perfect balance. The waffle-like texture embossed on its either side is a great facilitator of comfortable and non-slip therapy and training applications.

Size: approx. $48 \times 40 \times 6$ cm Weight: 0.8 kg



AIREX® Balance-pad Cloud



AIREX® Balance-pad Elite

The AIREX® Balance-pad Elite is an upgrade of the already proven Balance-pad. It has unique slip-resistant waffle-like texture on its upper and lower side providing pleasant stimulation for receptors in the foot sole during barefoot balance training. The AIREX® Balancepad Elite, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. Its smooth surface is perfect for barefoot balance training beginners. The yielding foam constantly challenges the body to maintain its balance and stabilize the joints. The exercises on the Balance-pad Elite trigger the engagement of a greater number of deeper muscles than the exercises performed without the Balance-pad.

Size: approx. 50 x 41 x 6 cm Weight: 0.7 kg



AIREX® Balance-pad Elite



AIREX® Balance-pad Mini

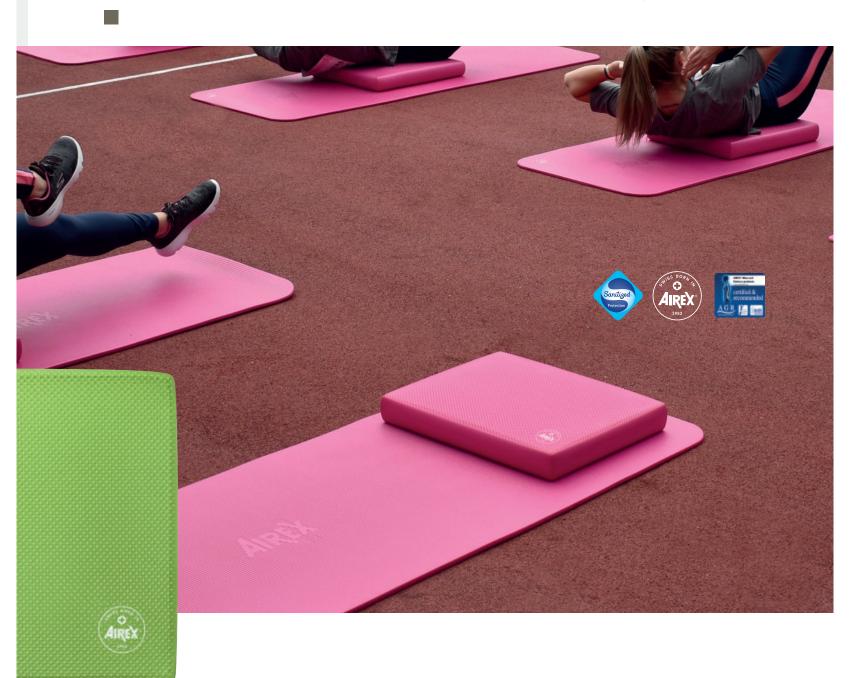
The AIREX® Balance-pad Mini was primarily designed to meet functional training requirements, but it is just as perfect for traveling. It is not only an active training tool, but also a good prop for training instructors. It provides a smaller training area fantastic for one-legged and single-handed functional exercises as well as for dynamic training. The AIREX® Balance-pad Mini can be easily fitted into any sports bag or hand luggage for that matter. However, its comfortable, smooth surface is not 100% slip-resistant on smooth floors. Therefore, it is recommended to use it in combination with a supplementary AIREX® mat underneath.

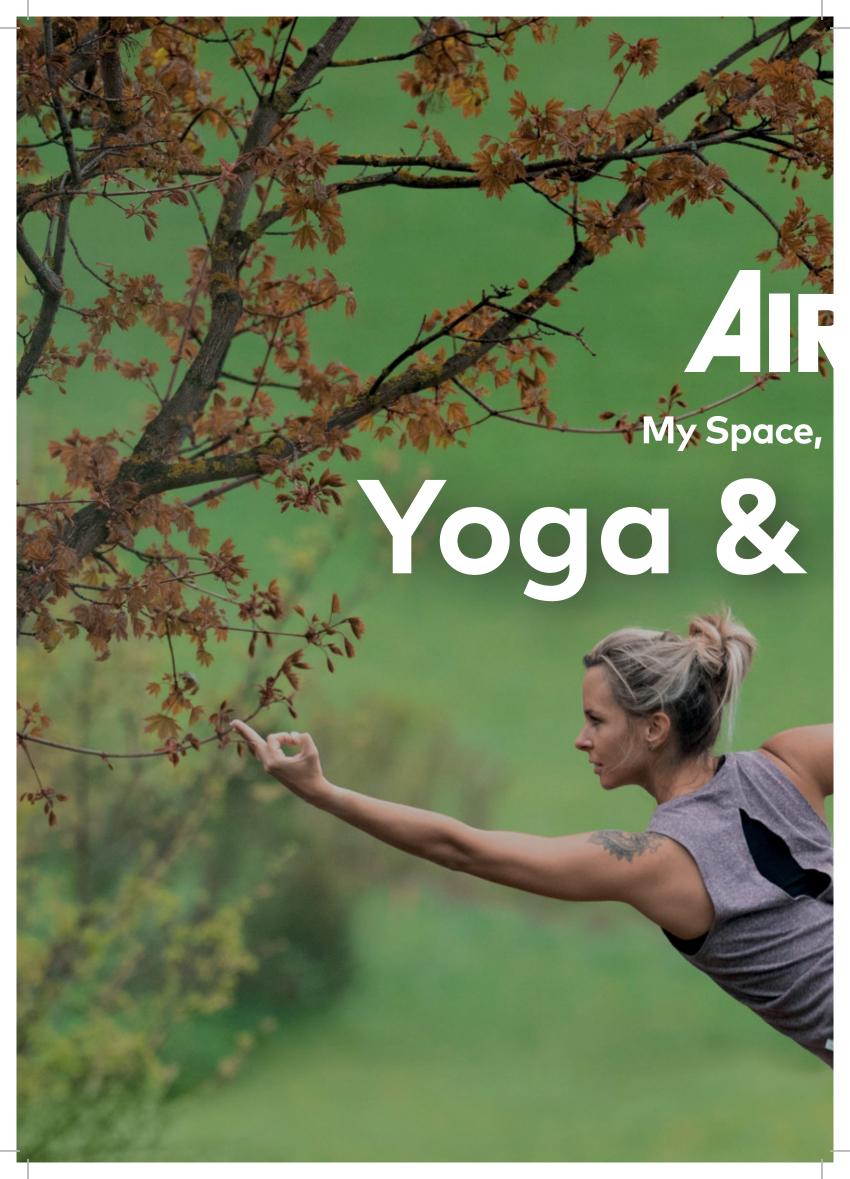
Size: approx. 41 x 25 x 6 cm

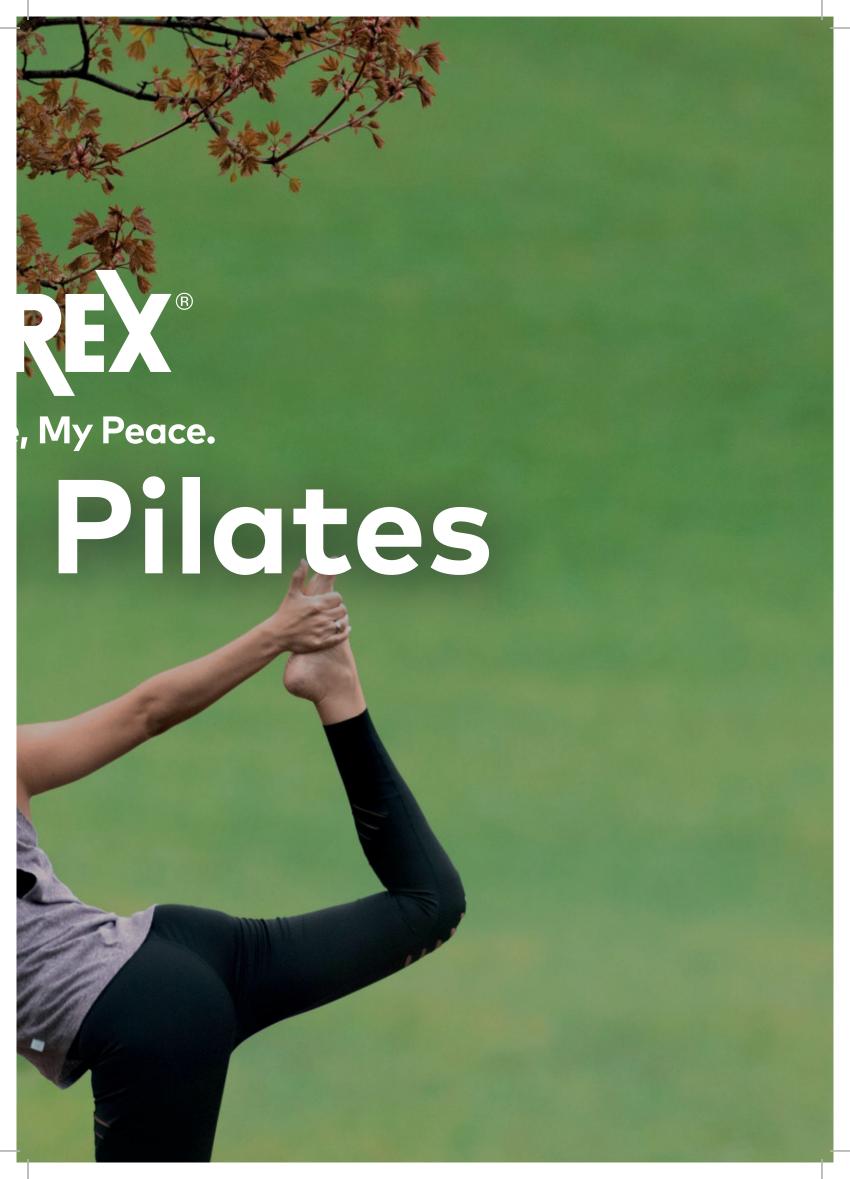
Weight: 0.37 kg



AIREX® Balance-pad Mini



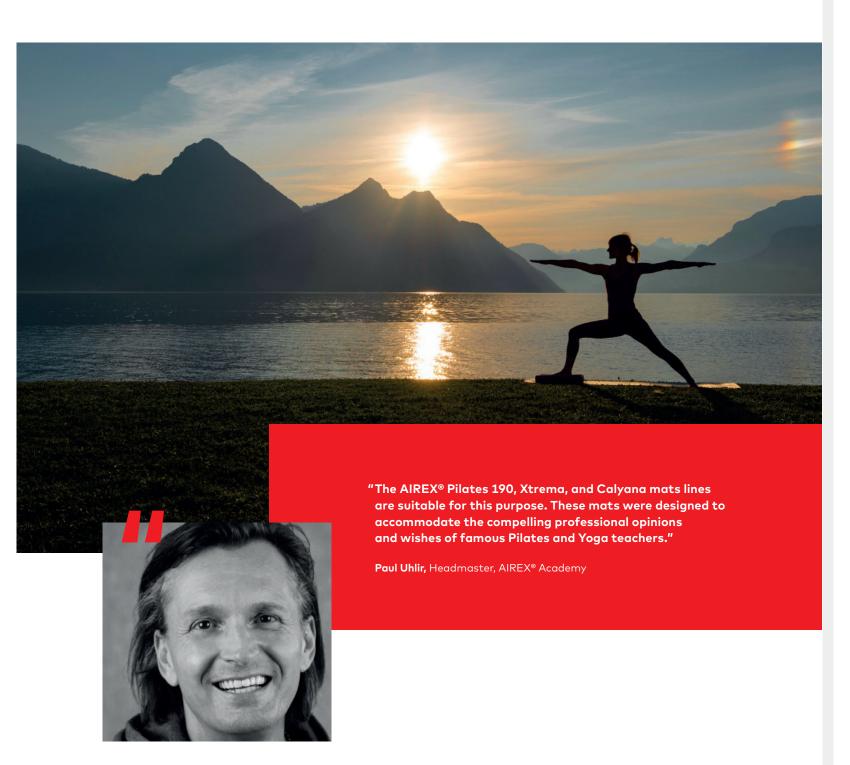




AIREX® Yoga & Pilates

My Space, My Peace.

Yoga and pilates have many things in common, but these two training concepts have different applications. They adapt movement and breathing individually and optimally to suit the needs of their respective practitioners.



AIREX® Pilates 190

Propelled by highly demanding requirements of Pilates instructors to develop a Pilates mat with the attributes assigned to our unique and famous AIREX® quality, we designed the AIREX® Pilates 190 mat together with Pilates instructors. This unbelievably thin mat (only 0.8 cm) made from high density material ensures stability required to master even the most demanding positions. Owing to our special AIREX® manufacturing process, the Pilates 190 has a distinctive cushioning effect equal to all other AIREX® gymnastics mats. It helps to effectively protect the users' joints and tendons. A must-have for classic mat training.

Size: approx. 190 x 60 x 0.8 cm Weight: 1.4 kg



AIREX® Calyana

Calyana – a premium yoga mat from the AIREX® Yoga & Pilates line – was designed in collaboration with highly skilled and prominent yoga teachers. Calyana offers maximum safety, fun and longevity allowing you to enjoy your time and sync up your body, mind and soul. The superior quality of Calyana yoga mats puts them on the list of the best yoga mats worldwide. A wonderful yoga tool for all Yoga practitioners.

Size: approx. $185 \times 66 \times 0.68/0.45$ cm Weight: 2.35 kg / 1.7 kg



DESIGNED IN SWITZERLAND, MADE IN GERMANY.

AIREX® Calyana Prime Earth

AIREX® Calyana Professional

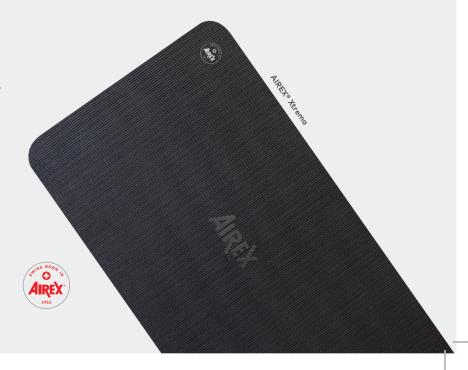
AIREX® Piletes 190

AIREX® Xtrema

The AIREX® Xtrema is a new breakthrough innovation - the most robust mat in the AIREX® range. Due to its high density foam, the AIREX® Xtrema can be used outdoors on stony ground, gravel roads, and the beach regardless of weather conditions. Owing to its high stiffness, the AIREX® Xtrema is equally suitable for yoga and pilates, but also for professional, functional training.

Size: approx. 178 x 58 x 0,6 cm





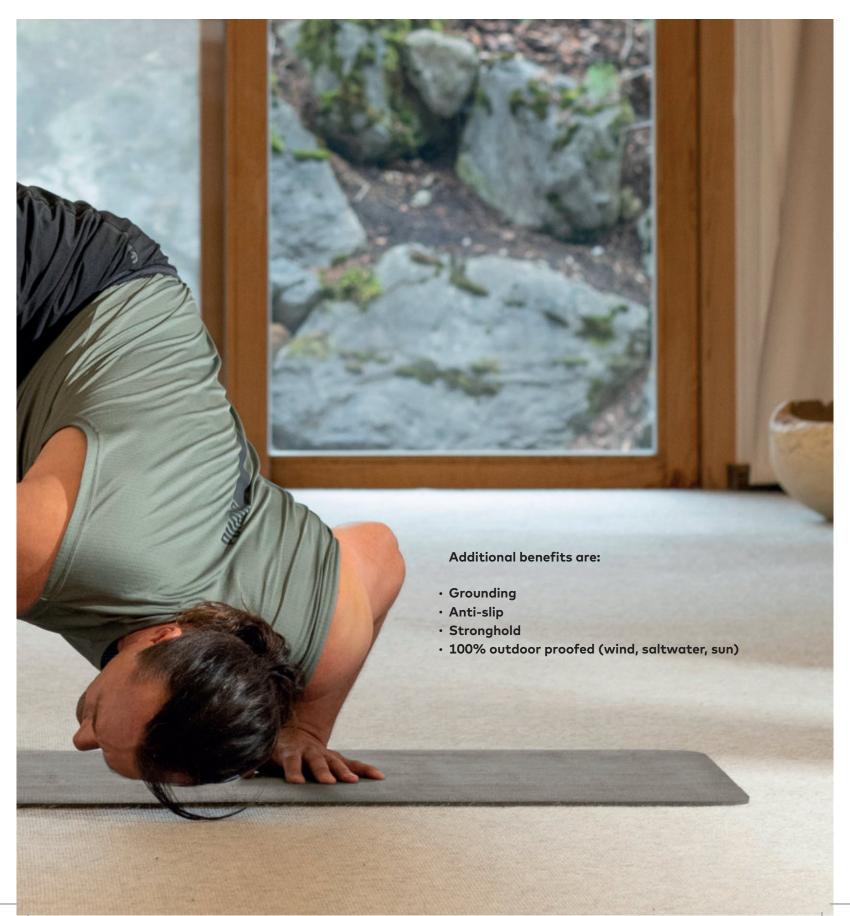


AIREX® Yoga & Pilates

My Space, My Peace.







AIREX® Yoga & Pilates

New AIREX® Yoga Eco-line

Trends show an increasing awareness towards our planet from yoga and pilates lovers. Recycled, sustainable and biodegradable materials paired with the known AIREX® quality results in "state-of-the-art" yoga mats and accessories for the yoga community.

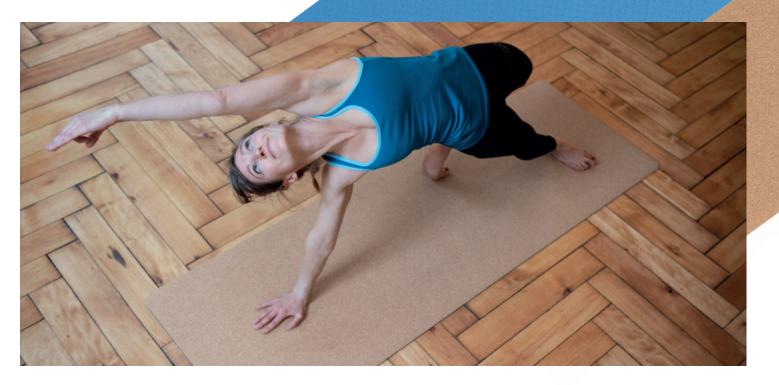
AIREX® YOGO ECO Pro not

AIREX® Yoga Eco Pro mat

The AIREX® Yoga Eco Pro mat offers an unbeatable price-quality ratio paired with the best performance yogis look forward to. The mat is lighter and perfect for all your yoga adventures around the world. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- · Ultimate feeling: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior TPE with natural rubber base
- Designed in Switzerland
- · Available in different colors
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm Weight: 1.65 kg





AIREX® Yoga Eco Grip mat

The AIREX® Yoga Eco Grip mat is the ultimate choice for nature-loving yogis. It offers a maximum grip for all yoga actions. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- · Ultimate grip: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior recycled PU with natural rubber base
- Designed in Switzerland
- · Available in different colors
- Eco-friendly
- PVC Free



Size: approx. 183 x 61 x 0.4 cm

Weight: 2.20 kg



AIREX® Yoga Eco Cork mat

The AIREX® Yoga Eco Cork mat offers the ultimate natural feeling. The natural cork material creates warmth and insulation for indoor and outdoor use to be in balance with nature, body, and mind. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate natural feeling: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior natural cork with natural rubber base
- Designed in Switzerland
- · Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm Weight: 2.20kg



AIREX® Yoga Eco Cork block

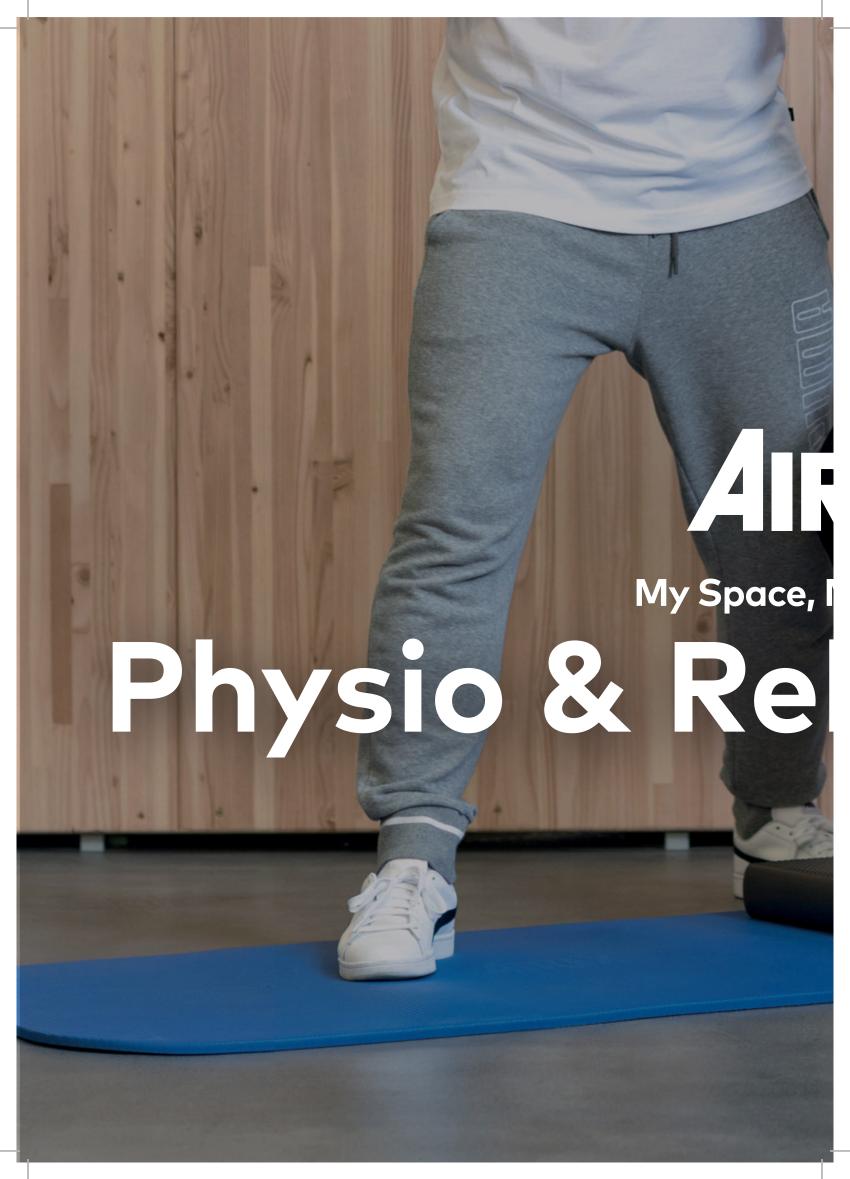
Feel the nature when sitting and exercising with the AIREX® Yoga Eco Cork block. It provides warmth and insulation for indoor and outdoor yoga action.

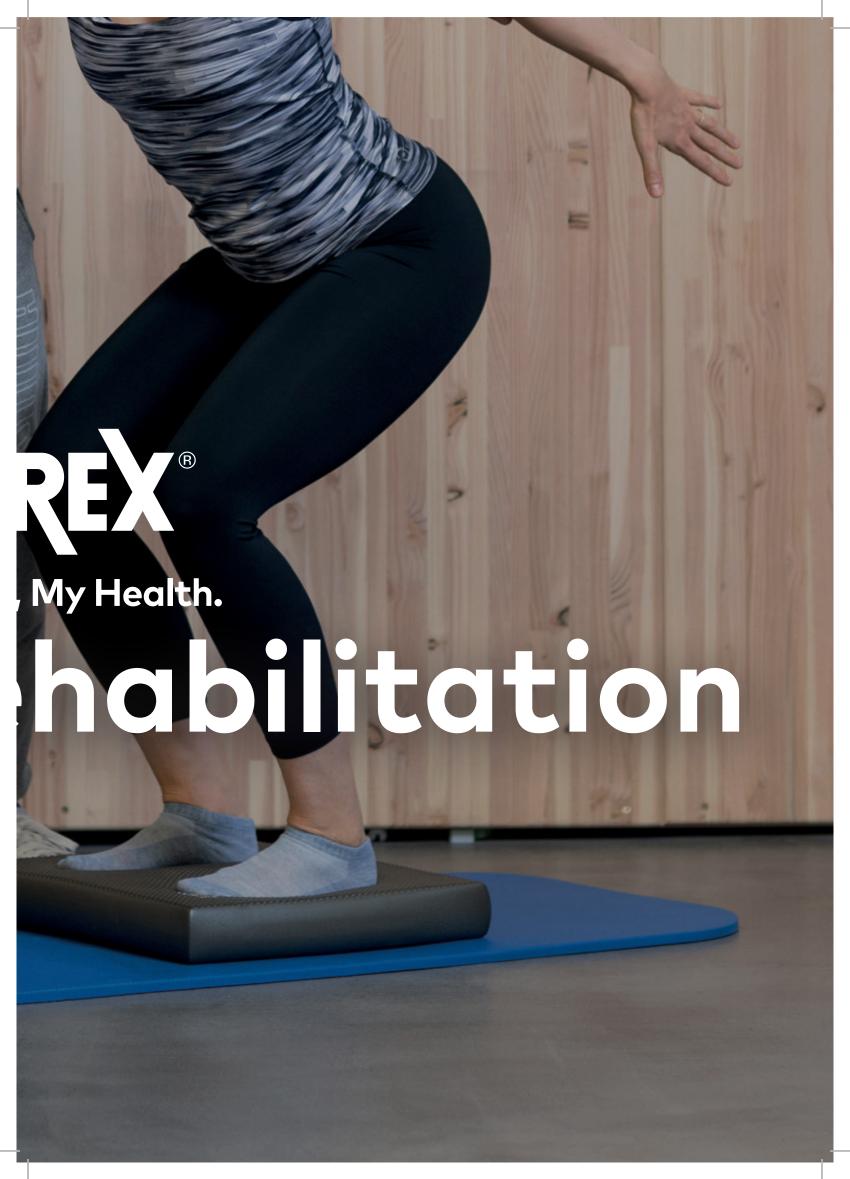
- · Ultimate feeling: insulating, soft and warm
- Superior natural cork
- Designed in Switzerland
- Eco-friendly

Size: approx. 22.5 x 15 x 7.4 cm Weight: : 0.75 kg

AIREX® Yoga Eco Cork block







AIREX® Physio & Rehabilitation

My Space, My Health.

The high level of responsibility associated with therapy requires the highest quality. The therapeutic success and hygiene guide the application of unique AIREX® products in clinics, rehabilitation centers and private practices.



in check.

AIREX® Corona

The AIREX® Corona has been our most popular exercise mat for years. It delivers outstanding workout features. The AIREX® Corona fulfills all the key requirements expected from a perfect exercise mat by health professionals. No wonder that Corona has become No. #1 mat for physical therapy and personal training.

It provides enough space for all types of exercises, and is so comfortable that the user is motivated to reach new heights. Corona has top-class wearing comfort, skin feel and hygienic properties.

"Sports scientists and physical therapists all over the world have verified the excellent quality of our multicertified exercise mat."

Paul Uhlir, Headmaster, AIREX® Academy

The AIREX® Corona training mat is also used in club sports, gyms, therapeutic facilities, at home and in the office. This mat is suitable for outdoor use and can even be used in water.

Size: approx. 185/200 x 100 x 1.5 cm

Weight: 3.8 kg / 4.1 kg



AIREX® Coronella

The material developed especially for AIREX® Coronella is exceptionally dimensionally stable and able to withstand even heavy physical loads. This sports mat can be incredibly easily and discretely rolled up and stowed away at any time.

The AIREX® Coronella is a standard piece of equipment in first-class gyms and sports clubs used by personal trainers.

It was designed in collaboration with athletes and therapists to fully meet their requirements.

"It is a first choice piece of equipment for top-class gyms, personal trainers, sports clubs, Olympic training camps, as well as the German football team clubrooms"

Paul Uhlir, Headmaster, AIREX® Academy

Size: approx. 185/200 x 60 x 1.5 cm Weight: 2.2 kg / 2.4 kg











AIREX® Physio & Rehabilitation

My Space, My Health.

AIREX® Balance-pad

The AIREX® Balance-pad is an active therapy and training tool made of the famously soft AIREX® foam material. The Balance-pad, with its smooth surface, is perfect for barefoot balance training beginners. This Balance-pad, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. The yielding foam constantly challenges the body to maintain its balance and stabilize the joints. The exercises on this Balance-pad trigger the engagement of a greater number of deeper muscles than the exercises performed without the Balance-pad. The workout on the Balance-pad can purposefully improve both conditional and coordinative abilities, such as strength, endurance, differentiation and balance.

Size: approx. 50x 41 x 6 cm

Weight: 0.7 kg



AIREX® Balance-pad Solid

The AIREX® Balance-pad Solid produces much softer stimuli on account of its higher density. It is not as unstable or wobbly as other AIREX® Balance-pads. It is an optimum aid for seniors and therapists in the very early therapy phase. Due to its extremely robust properties, the AIREX® Balance-pad Solid is particularly useful for functional training as it can just as well be used for training in sneakers. The extensive waffle-like texture embossed on either side facilitates very simple, remarkably slipresistant and safe therapy and training applications.

Size: approx. $46 \times 41 \times 5$ cm Weight: 1.07 kg



AIREX® Balance-pad Solid

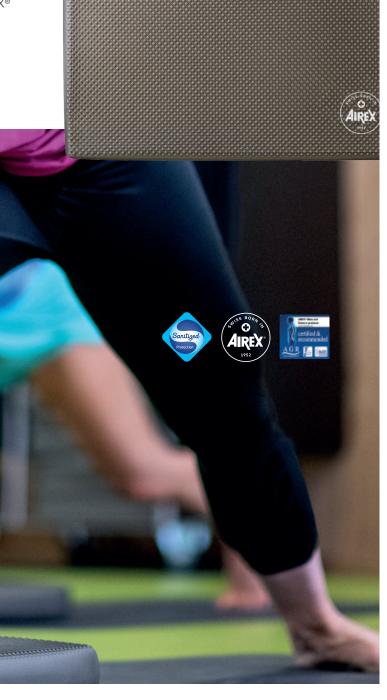
AIREX® Balance-pad XLarge

The AIREX® Balance-pad XLarge is twice the size of the Balance-pad Elite, allowing a completely new perspective of balance training as a result. The advent of the Balance-pad XLarge inaugurated a new range of exercises and their variations making training a more challenging task. On the one hand, it has unique waffle-like, slip-resistant texture on its upper and lower side, but on the other it provides pleasant stimulation for the receptors in the foot sole during barefoot balance training. The Balance-pad XLarge, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. The AIREX® Balance-pad XLarge is especially designed for office use.

Size: approx. 98 x 41 x 6 cm

Weight: 1.4 kg





AIREX® Physio & Rehabilitation

My Space, My Health.

AIREX® Balance-beam Mini

The AIREX® Balance-beam Mini is a small brother of the Balance Beam developed for balancing and training. Its size allows engagement of all trunk muscles in both abdominal and supine positions. It is also perfect for supporting and intensifying yoga and pilates exercises. The outstanding AIREX® foam technology sets new sports accessories standards and elevates the Balance-beam to the top-rated high-tech product line.

Size: approx. 41 x 24 x 6 cm Weight: 0.3 kg



AIREX® Balance-beam Mini



AIREX® Atlas

The AIREX® Atlas is the largest mat in our product range. This rectangular mat allows an even more extensive cohesion section to be covered with several mats as needed. The properties of the material and 1.5 cm thickness stand equal to the best-selling Corona and Coronella products. It prevents any sinking to the floor, even in case of point loads. In water applications, the AIREX® Atlas offers the optimum support for all conceivable therapy forms, urging for creative water activities.

Size: approx. $200 \times 125 \times 1.5 \text{ cm}$ Weight: 5.5 kg





AIREX® Fitline Studio

The AIREX® Fitline mats are the ultimate choice for sports and training, used by countless top athletes across the world. The Fitline is a classic fitness mat often used for group fitness classes in gyms. As a small, lightweight and trendy training mat, the AIREX® Fitline is also a perfect gymnastics mat at home and "on the go", and a perfect fit for any sports bag.

Size: approx. $100 \times 50 \times 1 \text{ cm}$ Weight: 0.8 kg



AIREX® Balance-beam

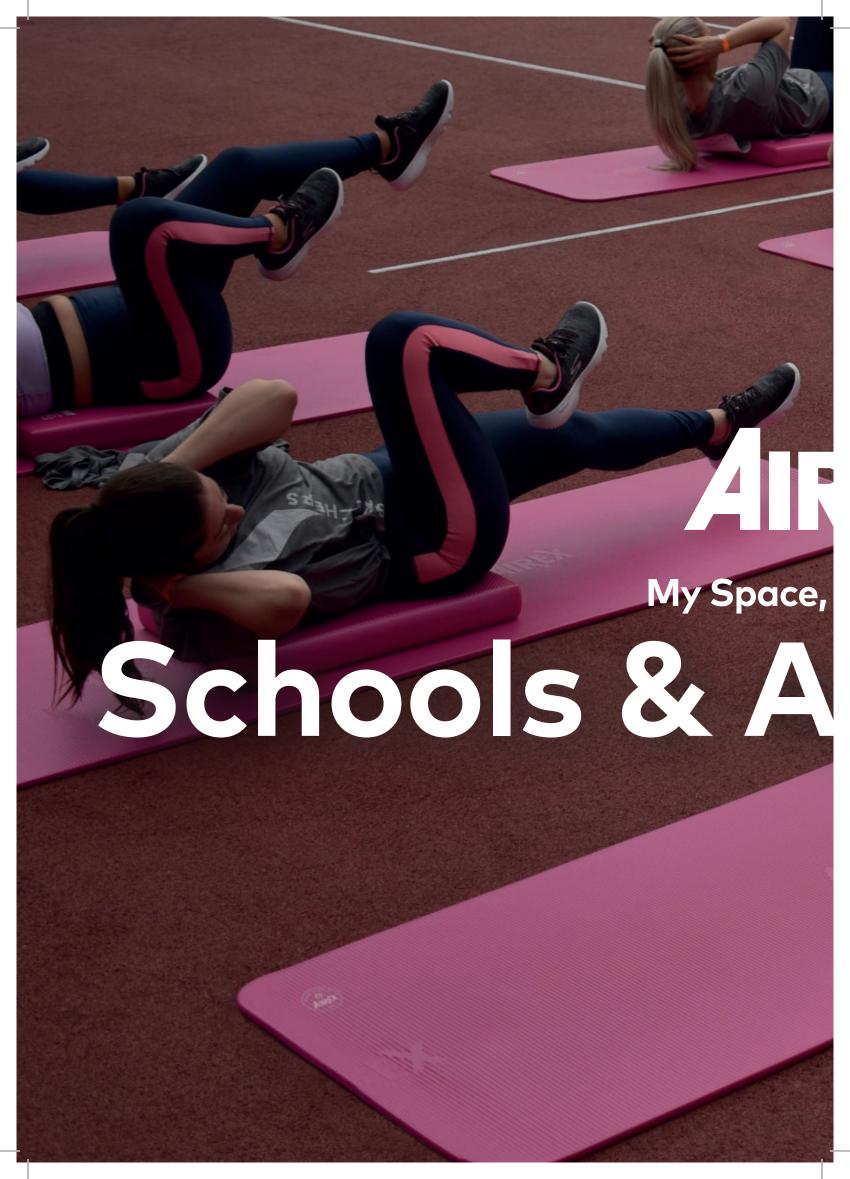
The AIREX® Balance-beam was developed for balancing and training. Its size allows the engagement of all trunk muscles in both abdominal and supine positions. It is also perfect for supporting and intensifying yoga and pilates exercises.

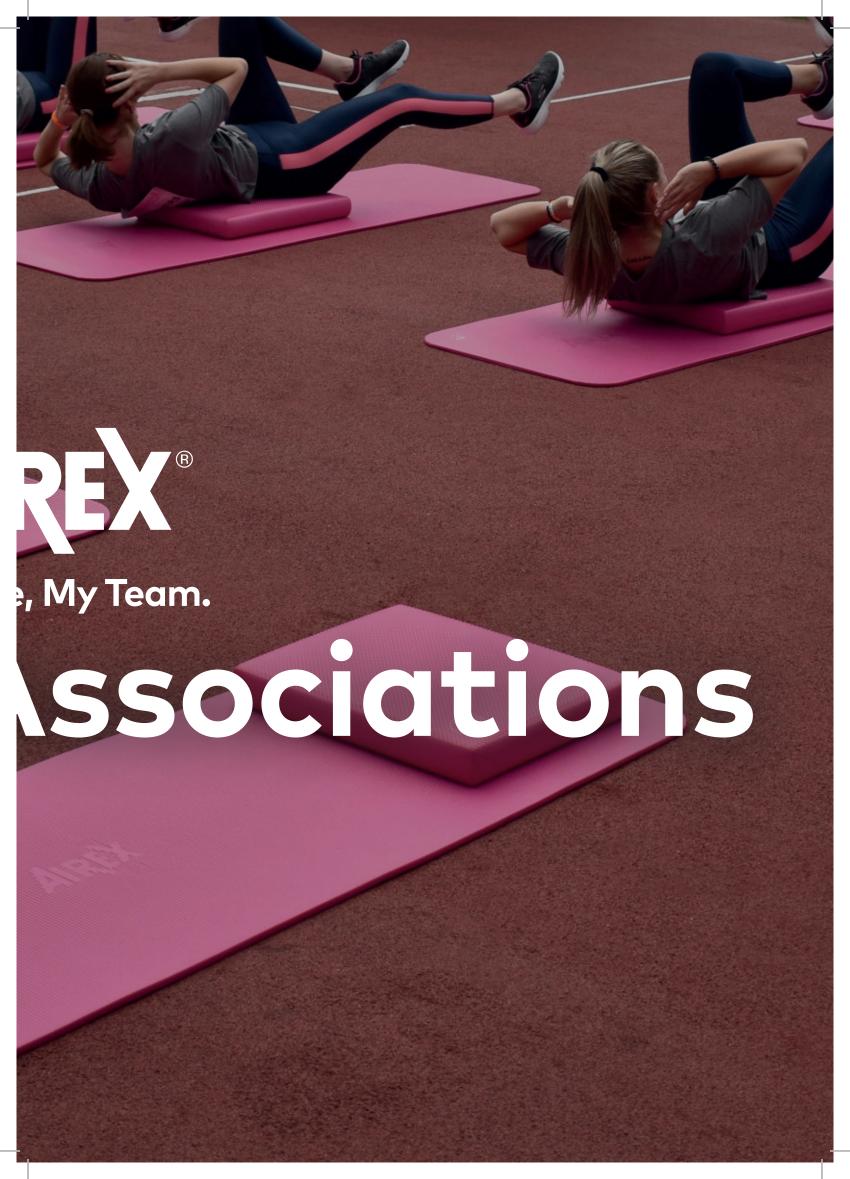
The outstanding AIREX® foam technology sets new sports accessories standards and elevates the Balance-beam line to the top-rated high-tech product line.

Size: approx. $160 \times 24 \times 6 \text{ cm}$ Weight: 0.9 kg



AIREX® Balance-beam



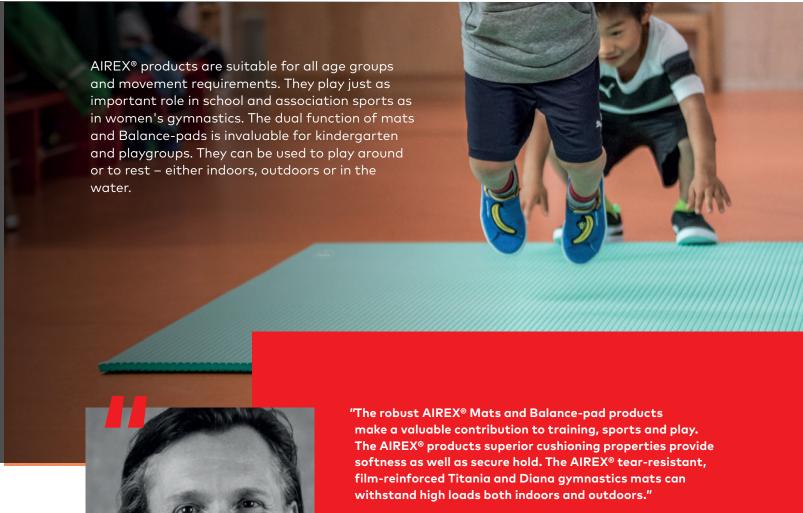


AIREX® Schools & Associations

My Space, My Team.

School and association sports span the broadest range of applications and have the highest demands.

School and association sports, e.g. gymnastics or martial arts, require mats of maximum performance level.



Paul Uhlir, Headmaster, AIREX® Academy

Coaches, trainers and teachers attach great importance to the protection of their protégés from injuries to support healthy growth and sports, and enhance their overall individual performance.

AIREX® Corona

The AIREX® Corona has been our most popular exercise mat for years. It delivers outstanding workout features. The AIREX® Corona fulfills all the key requirements expected from a perfect exercise mat by health professionals. No wonder that Corona has become No. #1 mat for physical therapy and personal training.

It provides enough space for all types of exercises, and is so comfortable that the user is motivated to reach new heights. Corona has top-class wearing comfort, skin feel and hygienic properties.

"Sports scientists and physical therapists all over the world have verified the excellent quality of our multicertified exercise mat."

Paul Uhlir, Headmaster, AIREX® Academy

The AIREX® Corona training mat is also used in club sports, gyms, therapeutic facilities, at home and in the office. This mat is suitable for outdoor use and can even be used in water.

Size: approx. 185/200 x 100 x 1.5 cm

Weight: 3.8 kg / 4.1 kg



AIREX® Coronella

The material developed especially for AIREX® Coronella is exceptionally dimensionally stable and able to withstand even heavy physical loads. This sports mat can be incredibly easily and discretely rolled up and stowed away at any time.

The AIREX® Coronella is a standard piece of equipment in first-class gyms and sports clubs used by personal trainers.

It was designed in collaboration with athletes and therapists to fully meet their requirements.

"It is a first choice piece of equipment for top-class gyms, personal trainers, sports clubs, Olympic training camps, as well as the German football team clubrooms"

Paul Uhlir, Headmaster, AIREX® Academy

Size: approx. 185/200 x 60 x 1.5 cm Weight: 2.2 kg / 2.4 kg







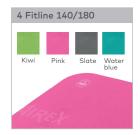




AIREX® product range

AIREX® mats



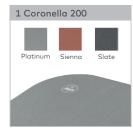






AIREX® Balance products







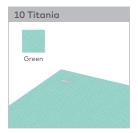










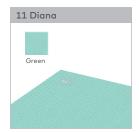


















Suitable for



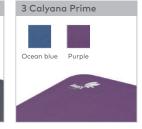
				Fitness Prevention	Physio Rehabilitation	Pilates Yoga	Corporate Health	school sport,	Functional Training	Balance	Aqua Training
1	Coronella 185/200 approx. 185/200 x 60 x 1.5 cm 2.2 kg/2.4 kg	Blue Green Red	Slate Sienna Platinum	•	•	•	•	•			•
2	Corona 185/200 approx. 185/200 x 100 x 1.5 cm 3.8 kg/4.1 kg	Blue Green Red	Slate Sienna Platinum	•	•	•	•	•			•
3	Xtrema mat approx. 178 x 58 x 0,6 cm 1.8 kg		Anthracite	•				•	•	•	
4	Fitline 140/180 approx. 140/180 x 60 x 1 cm 1.2 kg/1.5 kg		Kiwi Pink Slate Water blue	•				•	•		
5	Fitline Studio approx. 100 × 50 × 1 cm 0,79 kg		Charcoal	•	•				•	•	
6	Pilates 190 approx. 190 x 60 x 0.8 cm 1.4 kg		Purple Anthracite	•		•		•	•		
7	Fitness 120 approx. 120 x 60 x 1.5 cm 1.4 kg		Blue	•		•	•	•	•		
8	Atlas approx. 200 x 125 x 1.5 cm 5.5 kg		Green Red	•	•	•			•		•
9	Hercules approx. 200 x 100 x 2.5 cm 6.6 kg		Blue Green	•	•			•	•		•
10	Titania approx. 200 x 125 x 3.2 cm 11 kg		Green	•	•			•			
11	Diana approx. 200 x 125 x 1.5 cm 7 kg		Green	•	•			•			
12	Balance-pad approx. 50 x 41 x 6 cm 0.7 kg		Blue	•	•			•		•	•
13	Balance-pad Elite approx. 50 x 41 x 6 cm 0.7 kg		Lava Blue Kiwi Pink	•	•			•		•	•
14	Balance-pad Solid approx. 46 x 41 x 5 cm 1.07 kg		Royal blue	•	•	•	•	•	•	•	
15	Balance-pad Mini approx. 41 x 25 x 6 cm 0.37 kg		Lava	•	•	•	•	•	•	•	•
16	Balance-pad XLarge approx. 98 x 41 x 6 cm 1.4 kg		Lava Blue	•	•	•	•	•	•	•	•
17	Balance-beam approx. 160 x 24 x 6 cm 0.9 kg		Blue	•	•	•		•	•	•	•
18	Balance-beam Mini approx. 41 x 24 x 6 cm 0.3 kg		Blue	•	•	•	•	•	•	•	•
19	Balance-pad Cloud approx. 48 x 40 x 6 cm 0.8 kg		Ruby red	•				•	•		

AIREX® product range

AIREX° Yoga & Pilates



















Suitable for



			Fitness Prevention	Physio Rehabilitation	Pilates Yoga	Corporate Health	Club sport, school sport		Balance	Aqua Training
1	Xtrema mat approx. 178 x 58 x 0,6 cm 1.8 kg	Anthrocite	•				•	•	•	
2	Calyana Professional approx. 185 x 66 x 0.68 cm 2.35 kg	topside flipside Stone gray			•			•		
3	Calyana Prime approx. 185 x 66 x 0.45 cm 1.7 kg/1.8 kg	Lime green – Hazel Ocean blue Purple			•			•		
4	Pilates 190 approx. 190 x 60 x 0.8 cm 1.4 kg	Purple Anthrocite	•		•		•	•		
5	AIREX® Yoga Eco Grip mat approx. 183 x 61 x 0.4 cm 2.20 kg	Anthracite Purple Pink			•				•	
6	AIREX® Yoga Eco Cork mat approx. 183 x 61 x 0.4 cm 2.20 kg	Natural cork Natural cork			•				•	
7	AIREX® Yoga Eco Pro mat approx. 183 x 61 x 0.4 cm 1.65 kg	Anthrocite Blue Green			•				•	
8	AIREX® Yoga Eco Cork block approx. 22.5 x 15 x 7.4 cm 0.75 kg	Natural cork Natural cork			•				•	